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# Our History



Mount Valley Development Association (MVDA) is a civil society actor that works toward improving the quality of rural life. The idea of MVDA is inspired by Sarvodaya Movement and its approach in the Himalayas. In 26 years of journey, MVDA has been attaining the goals through interventions in education with special emphasis on the girl child, natural resource management, and by creating the opportunities to access the existing diversified livelihood alternatives.

The aspiration and ambition of 1200 women of established Self-Help Groups from 80 villages of Tehri Garhwal and Rudraprayag led to the formation of Umang, Ujjwal, and Pragati, 3 Self- Reliant Women Cooperatives facilitated by Mount Valley Development Association (MVDA). The cooperatives are registered under the Uttarakhand Self Reliant Cooperative Act 2003 with the mission to create economic opportunities for small and marginalized individuals especially women. The cooperatives are self-sustained and self-reliant, building a model to work for the eradication of social and economic issues such as migration, declining land productivity and agriculture practices, drudgery, low-income level, and unavailability of the market, etc. With the technical support from MVDA, the cooperatives are continuously enhancing their capacity to empower women by cooperating with civil society and gaining government recognition. Monthly meetings are being organized at commonplace, to discuss their issues and plan for future activities. Every year the cooperatives conduct their Annual General Meet where board members of cooperatives share their business for the year along with balance sheets. Key factors such as facilitating women farmers to get identity, mobilization, collectivization, empowerment, and value addition, building market linkage, and developing managerial capacities are the major area of the work done by the established cooperatives.

# **OUR PRESENCE**

### Uttarakhand

Haridwar Rudraprayag Tehri Gharwal Uttarkashi

### **Uttar Pradesh**

Saharanpur

# MESSAGE FROM FOUNDER'S DESK



#### Dear Readers,

This year took the world by storm, Covid-19 affecting the lives of millions of people and the world at lockdown. It's true that this year was way more difficult and challenging for all of us. We pay our heartiest tributes to the lives that are lost and families that were affected and with great gratitude towards our front-warriors/Covid-warriors for fighting this battle with immense courage.

This pandemic is teaching lessons to the human species to redo its actions before it's too late. No one had predicted this catastrophic situation for the world to deal with, while many lost the battle against Covid-19, many lost their jobs and home. MVDA with help from different partners was able to provide emergency health and dry ration kit support to the migrated workers, front liners, and community. We want to thank our partners for joining hands to support the local community to survive through the pandemic.

Due to lockdown project activities were little affected but with the support of funders' new digitalize approach was implemented for many of the activities. With project-funded local seed banks, seed support was provided to the farmers for self-sustainment during the lockdown. This year's annual report covers the work done by MVDA in zero-ground for Covid-relief including the project updates for the financial year of 2020-2021.

This year taught us two important things we must protect our environment at all costs and secondly, the contribution of nutritious meals for good health. During the lockdown, many consumers shifted towards local indigenous crops and medicinal plants for their nutritional properties, to boost their immunity, and for healthy food/lifestyle. Our ecosystem has everything for our need, we must recreate that nutritional environment for our future generations and connect aware our farmers to mainstream the local agro-produce of Uttarakhand.

Lastly, it's a long journey for all of us, full of new challenges but new hopes as well. We must prepare ourselves for the future and protect what we have at present. I would like to thank our partners, Government officials, individual donors, team and community for standing with us in solitude.

Thank you!

Avtar Singh Negi Founder Secretary

# Vision

Our vision is to be a catalyst of change in supporting the local communities towards eradication of poverty through sustainable livelihood initiatives, creation of a society firmly rooted on the principles of social harmony, justice and solidarity.

# Mission

To improve quality of life of rural people-especially women and the underprivileged section of the society in the villages of Uttarakhand. The fulfillment of our goals through interventions in education, environment and livelihood.

# **AGRICULTURE** MAXIMUM MOUNTAIN AGRICULTURE PROJECT (MMAP)



# **PROJECT BRIEF**

The program is supported by the Himmotthan Society and The Hans Foundation, introducing new technologies, HYV Seeds, and building community institutions for sustainable market linkages. The project has established strong coordination and networking with the various departments of district and block-level i.e. agriculture, rural development, research and development institutions, and organizations working in the field of agriculture and marketing of agro products. The farming families, groups, and cluster federations/ cooperatives are the focal point for the project interventions.

- IO tons of surplus agri-produce of Rs. I5 Lakh value marketed through Cooperative/ PC.
- Women FPO run sustainable seed enterprise established and Rs. 5 Lakhs seeds marketed annually.
- Production will increase 30% with the introduction of irrigation facilities.
- 1000 farmers directly benefit by use of machines.
- Production increase of selected crops by 30%, marketable surplus available with farmers.

### MAXIMUM MOUNTAIN AGRICULTURE PROJECT







# FARMING INNOVATION FOR WOMEN EMPOWERMENT (FIWE)



# **PROJECT BRIEF**

The FIWE project is a collaborative effort of MVDA and IM, initiated in October 2017. The notion of the program was to socio-economic empowerment of 450 women till 2021 through climate-resilient livelihoods and improved access to government entitlements and services. The program is reaching out to 3 developmental blocks of Tehri Garhwal, Uttarakhand i.e. Bhilangna, Jakhnidhar, and Kirti Nagar. The major focus of the project is on climate-resilient spice cultivation through organic and scientific techniques, gender mainstreaming, and advocacy for the right holders. The program is also providing a market for the agro- produces in the area through established women cooperatives. Women are the core beneficiary of the program and their holistic development is our prime objective.



- Establishment of 14 Village level Climate Risk Management Committee with 221 members aiming to take village level initiative to protect environment.
- Seed support to 178 women farmers to generate livelihood through spice cultivation and vegetable plantation.
- Promotion of organic farming techniques through 178 women farmers
- 124 trained women on processing and packaging, accounting and book keeping, organic farming, nursery raising and government schemes and entitlement.
- Capacity building of 23 women through various trainings and workshops to develop leadership skills.
- Bharti Devi from Mathiyali village received 10,000 rupees and recognition from the Department of Agriculture under ATMA Scheme.

#### FARMING INNOVATION FOR WOMEN EMPOWERMENT PAGE 10



# AGRO BIODIVERSITY

# **PROJECT BRIEF**

A Gef-funded program supported by Bioversity International aims at conducting trials of local varieties with community-based participatory approaches which will support the maintenance of existing crop diversity. As well as focusing on awareness campaigns, seed fairs, diversity, strengthening seed supply systems and other adaptive technologies that enable farmers to adopt and benefit from diversity-rich solutions by linking to the market.

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- Mother trial 2020- crop (no. of varieties) Rainfed rice(30), Finger millet(23), Barnyard millet(15), and Barley(20) and baby trial of Barley with 07 champion farmers.
- As of 23rd December 2020 Crop Diversity/ Kisan Mela was organized, where about 60 joined the fair including 50 farmers and 3 Krishi Vigyan Kendra Ranichauri scientists. A traditional pahadi cuisine exhibit was also observed where SHGs under Bioversity International participated.
- Distribution of staple crop and vegetable seeds such as french beans, lady finger, bitter gourd, ginger, Harsil kidney beans, barnyard millet, Pusa Basmati rice 1509 was distributed to generate income of farmers.
- During rabi season, seeds for onion, mustard, peas, spinach, rai, and wheat were distributed.
- The one-day field school program was organized at Falenda facilitated by Shikha, Soil Expert (KVK Ranichauri). Soil health cards were also distributed.
- Field Exposure to NBPGR-Bhowali with 14 women farmers.

### AGRO-BIODIVERSITY















# **EDUCATION** EDUCATION AND SPORTS INITIATIVE



# **PROJECT BRIEF**

This project was started on Ol February 2020 in the district Tehri Garhwal, block Bhilangana with the support of Tata Trusts and Himmotthan Society in 15 Government primary schools. The project focused on training primary school teachers about the library activities at the school level and strengthening schools' management committees. The project's main goal is to make the self-depend reader and develop the reading and writing skills of children.



- During covid-19 Himmotthan Society conduct online competitions. In these competitions, 235 children of the MVDA project area participated.
- Offline library training conducted by MVDA. 48 teachers of 30 schools became trained on different aspects of the library.
- During the lockdown, MVDA did Online and home-based teaching work with 15 project area schools and 13 other schools of 885 children.
- MVDA trained 135 members of 15 SMCs to continue teaching activities of the children during the lockdown of covid-19.
- MVDA to connect the children with library activities formed 15 mobile libraries. 400 hundred books were provided by the project with the help of the Government in these 15 libraries.
- 30 trainings conducted in project area by MVDA to 435 children. During training trainer trained to children about drinking water, health and hygiene and how they can safe form covid-19.



# **GIRL CHILD EDUCATION PROGRAM**

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## **PROJECT BRIEF**

The Girl Child education is one of the Programs being implemented by MVDA with the support of IIMPACT in three districts i.e., Haridwar, Tehri Garhwal, and Uttarkashi. The vision is to impart education through community-based learning cum remedial centers for the children of the age group 6-14. Through academic initiatives, our children are given access to application-based learning materials, through the library a habit of reading is cultivated among the children. To make mathematics more enjoyable and exciting Jodo Gyan-based tools and TLMs are utilized and to build curiosity, students are given access to the science kits.



- ALA Session All the children's sessions were conducted in ALA under SOP covid-19. All the children read in small groups like 5-5 with following rules of covid-19. Approximately 1545 beneficiaries had benefits for the "ALA".
- Blended Online training- 52 teachers and 4 supervisors participated in the training sharing some handouts sheets of the teacher's related training materials through their what app numbers for reading all content in handout sheets.
- Study circle meeting conducted in ll batches. Supervisors taught them different subjects e.g., Hindi, English, Mathematics, etc. Academic level improved herself of each teacher in each subject.
- All the centers organized "one community one campaign". Meeting organized in presence of village chief with village ward member, Asha, Anganwadi worker, etc.
- Door-to-door awareness about covid-19 of all village communities through CMC meetings in each center. All 52 CMC organized successfully with follow SOP covid-19 and maintaining social distance.









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Palooni, Uttarakhand, India Unnamed Road, Palooni, Uttarakhand 247661, India Lat N 29° 57' 37.0152" Long E 77° 52' 13.2816"

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# **LIVELIHOOD** CENTRAL HIMALAYAN LIVESTOCK INITIATIVE (CHLI)



## **PROJECT BRIEF**

With the support of Himmotthan Society and The Hans Foundation initiative aiming to strengthen the livestock value chain, diversify products and services, and enhance the skills of community institutions. The adopted approach for the project is: improve the health of natural resources, upgradation of existing livestock value chain, promote farm/ non- farm-based products and services, and building self-reliant community-based institutions.

- Area Covered under Promotion of Fodder Grass, Forage Crops on Private Land 2 ha,
- Area Covered under Fodder Trees and Grass Plantation on Common Land 6 ha,
- 5 Demo on Better Feeding and Shed Improvement,
- Improve Livestock Health and Breed Improvement 2 Health Camp Organized, 189 Cattle Vaccinated, 208 Cattle Vaccinated and 456 AI Done,
- Convergence of 6.7 lakh rupees under MGNREGA for cattle feed and fencing.
- Rise in income of 2.8 lakhs Rupees Para Vets through artificial insemination.
- 30 women got employment through Umang Swayat Sahakarita

### CENTRAL HIMALAYAN LIVESTOCK INITIATIVE



# **INTEGRATION OF MICRO FINANCE**



Facilitating the community institutions such as Self- Help Groups and Federations to be an effective means of financial inclusion by providing the poor households an opportunity to save regularly, and access to credit for their consumption and production requirements. The project is designed to take forward the interventions carried out to strengthen the community based institutions formed under various thematic initiatives, augmenting financial linkages with banks and financial institutions.

- Total Loans took internally (Rs.) 87,20,630
- Total (CCL/Term Loan) Amount Accessed (Rs.) 12,56,000
- Total Loan Amount used for income generation by SHGs 60,29,500
- One Training on Group / Cooperative Financial System Management
- Annual Meet of Federation Members total Participants 289 women
- The rise in women participation and their management role and 2,000 families benefited from this program.

### INTEGRATION OF MICRO FINANCE

<image>



## MARKET ALIGNED SKILLS TRANING (MAST)

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The aim of the project is to empower the women in the hills of Uttarakhand by providing them technical & soft skills training in farm and non-farm products. Through the project, the women are earning their own money and being financially independent.

- 18 Women/ girls have been trained in the non-farm sector and a few of them also made masks during the training period.
- 38 women have been sold their agro produce through women cooperative and got demand in the market.
- With the help of 26 trained women (trained in last two years) total of 61633 masks have been produced under the Taplin-AIF-supported Training cum Production Centre.
- Total 2980 Health and Hygiene kits have been distributed among 2980 families in the operational villages as an immediate response to COVID-19.
- Total 15928 Masks has been provided to the Local Administration which includes Banks, Nagar Panchayats, Nagar Palika, Police, etc.



### OBJECTIVE

- To sensitize the local communities about dos and don'ts and safety measures to take.
- To provide food security and nutrition distribution of dry rations.
- To prepare and safeguard local communities and frontline workers by distributing Personal Protective Equipment (PPE).
- To support livelihood women were involved in mask making and seed distribution to women farmers.
- To maintain the interest of kids in studies, involvement of kids into education through various fun activities and organizing Alternative Learning Centres (ALA).

### **DURING COVID- 19 JOINED HANDS WITH**



#### **MVDA COVID-19 RESPONSE**

#### **Research Work & Awareness**

- 11,234 aware individuals and families through informative videos, messages and Training of Trainers in Local Language through social media platforms like Instagram, Facebook, and WhatsApp and Collected Feedback on the same
- 200 people were informed and motivated towards Aarogya Setu App
- 3,656 engaged students from 1st- 8th standard through various E-Learning materials like stories, lessons, etc. and were engaged in online classes
- 15 Trained Staff on Government Policies entitled for Covid- 19 and organized Training of Trainers for 19 individuals via phone
- 100- 120 Wall Paintings in 56+ villages with reference to Covid- 19

#### Distribution of Mask, Health & Hygiene Kit, Dry Ration & Food Packages

- 15,928 distributed Face Masks to Frontline Workers
- 259 distributed Face Masks to Migrant Workers
- 1,545 distributed Face Masks to Individuals
- 4,994 distributed Face Masks to 2,497 MGNREGA workers
- 218 distributed Ration Kits to Migrant Workers
- 83 distributed Ration Kits in Containment Zones
- 62 kids received Food Packets and Health & Hygiene Kits
- 3683 Health & Hygiene (6 masks, 4 soaps, and 1 sanitary pad) got distributed among the *families of 21 Villages*
- 4100 families received Health and Hygiene Kits (5 masks and 4 soaps)





#### Livelihood & Fund Raising

- **25 women** received livelihood under mask production and approximetly 65,000 Masks has been Produced
- •376 women have received **Seeds of Cash Crops** like turmeric, lady finger, peas etc.
- •67,000 rupees have been raised by Internal Staff of MVDA

#### COVID RELIEF WORK

### मनरेगा मजदूरों को बांटे ३४०० मास्क

नई टिहरी, 29 अप्रैल (स.ह.): मनरेगा के अंतर्गत काम करने वाले ग्रामीणों को माउंट वैली डेवलपमेट एसोसिएशन की ओर से निर्मित पांच ग्राम पंचायतों में करीब 1700 जॉब कार्डधारकों को निःशुल्क 3400 मास्क बांटे। इसके अलावा सड़क निर्माण कार्य में लगे अप्रवासी मजदूरों के लिए एसोसिएशन ने मास्क और खाद्यान्न सामग्री तहसील घनसाली को उपलब्ध कराई है।

कोरोना वैश्विक महामारी को हराने के लिए सरकारों के अलावा स्वयंसेवी संस्थाएं भी बढ़चढ़ कर आगे आ रही हैं। माउंट वैली के परियोजना प्रबंधक नवप्रभात ने बताया कि मंगरी में उमंग स्वायत्त सहकारिता के साथ संचालित महिला कौशल विकास उत्पादन सेंटर में में प्रशिक्षित 18 स्थानीय महिलाओं की ओर से इन दिनों **જ**ઞાનના **બ**ે છે

### निःशुल्क बांटने को मास्क तैयार करवा रहा माउंट वैली एसोसिएशन

नई टिहरी, 10 अप्रैल (स.ह.) : इन दिनों माउंट वैली डेवलपमेंट ऐसोसिएशन दोणी प्रशासन के लिए मगरौं में मास्क बनवा रहा है। खास बात यह है कि टू-लेयर मास्क बनाने के लिए माउंट वेली के कर्मी अपने वेतन से इसे बना रहे हैं, ताकि कुरूरतमंद लोगों, कोरोना वारियर्स को इसका लाभ मिल सके।

शहनाज टेपलियन और अमेरिकन इंडियन फाउंडेशन के तकनीकी सहयोग से संचालित महिला कौशल विकास एवं उत्पादन सेंटर मगरों में आवश्यक सेवाओं से जुडे लोगों के लिए मास्क बनाए जा रहे हैं। एसोसिएशन का लक्ष्य पांच हजार मास्क तैयार कर प्रशासन को



भिलंगना ब्लॉक में मास्क पहनकर मनरेगा कार्य करते ग्रामीण।

डबल लेयर मास्क बनाने का कार्य किया जा रहा है। मास्क करोना रोकयाम के साथ ही संस्था में स्थानीय महिलाओं को रोजगार उपलब्ध कराकर उनकी आर्थिकी को सबल कर रहा है। अब तक 2500 से अधिक मास्क जिला और ब्लाक स्तरीय अधिकारी-कर्मचारियों को निशुल्क बांट चुके

### पर्सनल हाईजीन का विशेष ध्यान रखें महिलाएं

प्रशिक्षण दिया है।

हैं। माउंट वैली के कार्यक्रम प्रमुख

परुषोतम थपलियाल ने बताया कि

संस्था ने टाटा ट्रस्ट हिमोत्थान

सोसाईटी के सहयोग से भिलंगना.

जाखणीधार और कीर्तिनगर ब्लॉक

के 56 गांवों में कोरोना से बचाव के

लिए जन जागरूकता भी चलाई है।

करीब 750 लोगों को जरूरी



महावारी के दिनों में सैनेट्री पैड़ का इस्तेमाल

करने, शरीरिक स्वच्छता और मौसम परिवर्तन

के दौरान होने वाली बीमारियों के बारे में अवगत

कराया। उन्होंने संस्था की ओर से निर्मित थ्री

लेयर कॉटन मास्क भी महिलाओं को बांटे।

इसके बाद संस्था के प्रतिनिधियों और ग्रामीणों ने मंदिर, सार्वजनिक भवनों और रास्तों पर सफाई अभियान चलाकर कुड़ा एकत्रित कर

निस्तारित किया। इस मौके पर किरणजीत

कौर, सतीश रावत, योगेंद्र रावत, प्रदीप

पंवार, कविता, ग्राम प्रधान रामी देवी, मंजू देवी आदि मौजद रहे।

देवरी और पौखाल में बालिका शिक्षा कार्यक्रम के तहत दी जानकारी

नई टिहरी, 30 जनवरी (स.ह.) : बालिका शिक्षा कार्यक्रम के तहत माउंटवैली डेवलपमेंट एसोसिएशन और आई-इंपैक्ट ने भिलंगना ब्लॉक के ग्राम देवरी और पीखाल में बालिकाओं के प्रोसाहन के लिए चलाई जा रही योजनाओं की जानकारी दी गई। स्वयंसेवियों ने गांव के चौराह और रास्तों पर सफाई अभियान चलाकर शरीर और वातावरण को स्वच्छ रखने की अपील की।

शनिवार को देवरी गांव में आयोजित कार्यक्रम में आई-इंगैक्ट के प्रोग्राम मैनेजर अमर सिंह और माउंटवैली के नवप्रभात नेगी ने बालिकाओं के प्रोत्साइन के लिए केंद्र और राज्य सरकार की योजनाओं की जानकारी दी। साथ ही पर्सनल हाइजीन के तहत महिलाओं को



सौंपना है। पौखाल क्षेत्र के निकटवर्ती प्राथ गांवों की प्रशिक्षित छह महिलाओं, दो सैंप मास्टर ट्रेनर और माउंट वैली के स्टाफ के सहयोग से मास्क की बत सिलाई हो रही है। इस दौरान गए सोशल डिस्टेंसिंग का भी पूरा घन ख्याल रखा जा रहा है। डीएम वी लात षणमुगम ने भी माउंट वैली के मास्क पार्ति

की गुणवत्ता की जांच के लिए

प्राथमिक स्वास्थ्य केंद्र पिलखी को सैंपल देने के निर्देश दिए हैं।

एसोसिएशन के नवप्रभात ने बताया कि उनके दो सैंपल पास हो गए हैं। अब तक माउंट वैली ने थाना घनसाली, स्थानीय विधायक शक्ति लाल शाह, एसबीआई पौखाल, नगर पालिका श्रीनगर को निःशुल्क वितरित किए हैं।

### महिलाओं को दी फसल संरक्षण की जानकारी





कुमारी ने महिलाओं के पोषण और एक हजार भाभर, गुलगुल, मलते की चटनी, चौलाई के लडू, झंगोरे की खीर, चावल का हलवा, सिलबट्टे में पिसा नमक, घर में बनाई गई जड़ीबूटी की सुनहरे दिन के बारे में चर्चा की। मुदा वैज्ञानिक शिखा ने किसानों को मुदा स्वास्थ्य कार्ड, पोषकतत्व प्रबंधन के बारे में बताया। इस मौके चाय और काढा शामिल थे। आगंतकों ने प्रदर्शनी पर 14 स्वयं सहायता समूह ने मेले में पारंपरिक में लगे पकवानों को लुफ्त उठाया। इस मौके पर व्यंजनों की प्रदर्शनी लगाई। इसमें गहत के नव प्रभात, रितू, उमा देवी, प्यारी देवी, लक्ष्मी पकौड़े, अरसा, लाल चूड़ा, बुखणा, रोटाना, देवी, पुष्पा देवी, प्रेमा देवी मौजूद रहे।

नई टिहरी, 24 दिसम्बर (स.ह.) : माउंट वैली डेवलपमेंट एसोसिएशन और बायो-डायवर्सिटी इंटरनेशनल की ओर से भिलंगना ब्लॉक के ग्राम पंचायत फलेंडा में किसान मेले का आयोजन किया गया। इसमें सात गांवों की 50 महिला किसानों ने भाग लिया। इस दौरान उन्हें जैव विविधता, पारंपरिक फलों के संरक्षण और जैविक खेती को वैज्ञानिक तरीके से करने की जानकारी दी गई।

बुधवार सायं को फलेंडा गांव में आयोजित किसान मेले में थैयाली, गवणी, पाख, डखवाणगांव, दुलाड़ी आदि गांवों की 50 महिला किसानों ने हिस्सा लिया। मुख्य अतिथि कृषि विज्ञान केंद्र रानीचौरी के वैज्ञानिकों डा. आलोक येवले ने जैव विविधता और परंपरागत फसलों के संरक्षण की जानकारी दी। बताया कि मंडआ, साटी (लाल धान), झंगोरा, चौलाई सहित बाराहनाजा फसलों में प्रचुर मात्रा में पौष्टिक तत्व हैं। केवीके की खाद्य प्रसंस्करण विशेषज्ञ कीर्ति



### पुस्तकालय प्रबंधन पर गोष्ठी का आयोजन

घनसाली/एसएनवी । विकासखंड भिलंगना के खंड शिक्षा कार्यालय सेमली में माउंटवैली डेवलपमेंट एसोसिएशन द्वारा हिमोत्थान सोसायटी देहरादन एवं टाटा ट्रस्ट के सहयोग से पुस्तकालय का प्रबंधन एवं क्रियान्वयन विषय पर एक दिवसीय कार्यशाला का आयोजन किया गया है। पुस्तकालय का प्रबंधन एवं क्रियान्वयन कार्यशाला में माउंटवैली डेवलपमेंट एसोसिएशन के कार्यक्रम प्रमुख दुर्गा प्रसाद कंसवाल ने बताया कि हिम्मोत्थान सोसाइटी एवं टाटा ट्रस्ट की ओर से विकासखंड भिलंगना के 25 सरकारी विद्यालयों में पुस्तकालय कार्यक्रम संचालित कर रही है । इसी संदर्भ में कोविड-19 के दौरान ब्लॉक के प्राथमिक विद्यालयों में कार्यरत शिक्षकों के साथ पुस्तकालय विषय पर दो दिवसीय ऑनलाइन कार्यशाला भी आयोजित करवाई गई। कार्यशाला में श्रीनगर गढ़वाल से आए डॉ. चिन्मय के द्वारा बच्चों को पुस्तकालय और आईटीई से कैसा जोड़ा जाए के बारे में बताया। इस मौके पर नवप्रभात नेगी योगेंद्र सिंह रावत चंद्रवीर नेगी मनोज नौटियाल राजेंद कोहली गर्जेंद प्रसाद जोशी लालमणि भद्र आदि थे।

### महिलाओं को दिया डिजाइनिंग का गहन प्रशिक्षण

सराहनीय है। कहा कि हमें लगातार

नवाचार कार्य करने की जरूरत ताकि

स्वरोजगार मिल सके। फैशन और क्लॉथ

डिजाइनिंग में स्वरोजगार की अपार

संभावनाएं हैं। डिजाइनर करण गोगोई ने

कहा कि एकीकृत डिजाइन विकास

प्रशिक्षण कार्यक्रम नेचुरल फाईबर (सेलू)

का प्रशिक्षण नवाचारी है। लेकिन संस्थान

नई टिहरी, 6 मार्च (स.ह.) : केंद्र सरकार के वस्त्र मंत्रालय की पहल पर डिजाइनिंग एवं टेक्निकल अपग्रेडेशन स्कीम के अंतर्गत एकीकृत डिजाइन विकास प्रशिक्षण के तीन माह के कार्यक्रम का शनिवार को समापन हो गया। भिलंगना ब्लॉक की 40 महिलाओं को फील्ड प्रशिक्षण कार्यक्रम के तहत डिजानिंग का गहन प्रशिक्षण दिया गया। महिलाओं को प्रमाण पत्र निर्गत करते हुए स्वरोजगार शुरू करने की जानकारी दी गई।

माउंट वैली डेवलपमेंट और जिला उद्योग केंद्र नरेंद्रनगर की ओर से उक्त कार्यक्रम के तहत महिलाओं को विभिन्न उत्पाद बनाने का तीन माह प्रशिक्षण दिया गया। शनिवार को मुख्य अतिथि ब्लॉक प्रमुख बसमति घणाता ने भिलंगना ब्लॉक के मगरौँ में प्रतिभागी महिलाओं को प्रमाण पत्र बांटे। कहा कि केंद्र और राज्य सरकार ने ग्रामीण विकास के लिए बहुत सारी योजनाएं चलाई हैं। माउंटवैली का प्रयास



मगरौं में डिजाइनिंग प्रशिक्षण के सफल प्रतिभागी को प्रमाण पत्र देती ब्लॉक प्रमुख बसुमति घणाता।

> के सहयोग से महिलाओं ने इसे सफलता से पूरा किया। सहायक प्रंबंधक कल्याण सिंह, गंभीर सिंह ने उद्योग विभाग की योजनाओं की जानकारी दी। इस मौके संस्था के सचिव अवतार सिंह नेगी, सरोप सिंह मेहर, दिनेश नेगी, रेखा भंडारी, ममता देवी. वीरेंद्र नेगी, राकेश भटट, पुरूषोतम थपलियाल आदि मौजद थे।

ના, નાતૂ સમવાલ, હાયા ગગવાળ, સુવા 17યાભ આવુ વા किसान फील्ड स्कूल में दी गई रबी फसलें उगाने की जानकारी



सोमवार को भिलंगना ब्लाक के फलेंडा गांव में किसान फील्ड स्कूल के तहत डेमो देते विशेषज्ञ।

नई टिहरी, 9 नवम्बर (स.ह.) ः माउंट वैली डेवलपमेंट एसोसिएशन और बायोवर्सिटी इंटरनेशनल के साथ मिलकर भिलंगना ब्लाक के फलेंडा गांव में एक दिवसीय किसान फील्ड स्कूल का आयोजन किया गया। इसमें किसानों को जैव विविधता कार्यक्रम के अंतर्गत पारंपरिक अनाज धान, मंडुआ, चौलाई, राजमा, जौ आदि का उत्पादन कर स्थानीय किस्मों का अधिकाधिक प्रचार-प्रसार करने की बात कही। कार्यक्रम का उद्देश्य किसानों की आय दोगुनी करना है। रविवार शाम को आयोजित किसान फील्ड स्कुल में फलेंडा, पाख, गवाणी, डखवाणगांव, धौडीखाल के काश्तकारों ने भाग लिया। कृषिविज्ञान केंद्र रानीचैरी की मुदा विशेषज्ञ कोडा शिखा ने महिलाओं को रबी की फसल बेहतर तरीके से उगाने का प्रशिक्षण दिया। किसानों को परीक्षण के लिए खेत से मिट्टी नमूना संग्रह का फील्ड डेमो के माध्यम से सिखाया गया। महिलाओं ने पौधों में पाए जाने वाले रोग के शुरुआती संकेत के बारे में पूछा। इस पर डा. शिखा ने बताया कि मिट्टी में अपर्याप्त पोषण के कारण फसल के लिए गाय के गोबर को खाद के रूप में उसी खेत में एकत्रित करने के कारण बीमारियों और कीटों का फसलों पर हमला होता है। इस मौके पर हिमांशा बिष्ट, प्रबल नेगी सहित तीन दर्जन से अधिक काश्तकारों ने भाग लिया।

**COVID RELIEF WORK** 

#### **PAGE 27**

### **GLANCE OF THE ACTIVITIES**



### Raising Awareness through Painting Competition





#### COVID RELIEF WORK

#### PAGE 28

### Created Livelihood through Mask Production



### Created Livelihood through Seed Distribution



Health and Hygiene Kit Distribution





# **SPECIAL ACHIEVEMENT**

During the month of February and March, MVDA initiated the community work with the support of Goonj under the project of 'Dignity for Work'. The project was based on the traditional practice of 'Shramdaan', where individuals work voluntarily and tried to solve village-level problems. For the work identification, an initial meeting was organized at the village level where the work was decided with the help of community members. The initiative took place in 22 villages of 14 Gram Panchayats, participated by 388 families. For motivation a kit was distributed to each participants that included daily use items by Goonj.

### ACHIEVEMENT

- 12 Water Canals and 11 water tanks were cleaned and repaired to facilitate the water problem. Few of the tanks were being used as a garbage pit, which was revived and rejuvenated for rainwater conservation.
- Roads of 17 villages were cleaned and bushes were cut. The bushes made the path risky especially in the rainy season giving the space to hide wild animals, snakes, scorpions, and insects.
- 3 Old wells and 6 natural sources of water were cleaned, increasing the availability and pressure of water for drinking and irrigation purposes.
- 8 ponds were dug to store the rainwater and to channelize the extra water flowing in the village for animal drinking.
- I garbage pit was constructed to solve the problem of waste disposal in the village.
- 2 thatches were constructed on the roadside and in the field for resting and guarding farms against the animals.

#### SPECIAL ACHIEVEMENT

### During cleaning tank at Manthal



### During Cleaning Pond at Laboigaon



### During Cleaning Canal at Pata



### During Making Thatch at Kwanli Village



### During Cleaning Canal at Pata



# FINANCIAL STATEMENTS

# THANK YOU

Hope to hear from you soon!

Please extend your support and contribution to our mission through ideas, innovations, skills, knowledge, feedback, volunteering and donation etc. to support our programmes for community empowerment in the rural areas of Uttarakhand.

We Welcome You All To The Valley of Bhilangna

