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## **Our History**

Mount Valley Development Association (MVDA) is a civil society actor that works toward improving the quality of rural life. The idea of MVDA is inspired by Sarvodaya Movement and its approach in the Himalayas. In 26 years of journey, MVDA has been attaining the goals through interventions in education with special emphasis on the girl child, natural resource management, and by creating the opportunities to access the existing diversified livelihood alternatives.

The aspiration and ambition of 1200 women of established Self-Help Groups from 80 villages of Tehri Garhwal and Rudraprayag led to the formation of Umang, Ujjwal, and Pragati, 3 Self- Reliant Women Cooperatives facilitated by Mount Valley Development Association (MVDA). The cooperatives are registered under the Uttarakhand Self Reliant Cooperative Act 2003 with the mission to create economic opportunities for small and marginalized individuals especially women. The cooperatives are self-sustained and selfreliant, building a model to work for the eradication of social and economic issues such as migration, declining land productivity and agriculture practices, drudgery, low-income level, and unavailability of the market, etc. With the technical support from MVDA, the cooperatives are continuously enhancing their capacity to empower women by cooperating with civil society and gaining government recognition. Monthly meetings are being organized at commonplace, to discuss their issues and plan for future activities. Every year the cooperatives conduct their Annual General Meet where board members of cooperatives share their business for the year along with balance sheets. Key factors such as facilitating women farmers to get identity, mobilization, collectivization, empowerment, and value addition, building market linkage, and developing managerial capacities are the major area of the work done by the established cooperatives.



## **Our Presence**

Uttarakhand

Haridwar Tehri Gharwal Uttarkashi **Uttar Pradesh**Saharanpur

# MESSAGE FROM FOUNDER'S DESK





This year took the world by storm, Covid-19 affecting the lives of millions of people and the world at lockdown. It's true that this year was way more difficult and challenging for all of us. We pay our heartiest tributes to the lives that are lost and families that were affected and with great gratitude towards our frontline/Covid-warriors for fighting this battle with immense courage. This pandemic is teaching lessons to the human species to redo its actions before it's too late. No one had predicted this catastrophic situation for the world to deal with, while many lost the battle against Covid-19, many lost their jobs and home. MVDA, with help from different partners was able to provide emergency health and dry ration kit support to the migrant workers, front liners, and community. We want to thank our partners for joining hands to support the local community to survive through the pandemic. Due to the lockdown, project activities were affected but with the support of our funding partners new digitalize approach was implemented for many activities. With project-funded local seed banks, seed support was provided to the farmers for selfsustainment during the lockdown. This year's annual report covers the work done by MVDA on ground for Covid-relief including the project updates for the financial year of 2021-2022. This year taught us two important things. One, that we must protect our environment at all costs and second, is the contribution of nutritious meals for good health. During the lockdown, many consumers shifted towards local indigenous crops and medicinal plants for their nutritional properties, to boost their immunity, and for healthy food/lifestyle. Our ecosystem has everything for our needs, we must recreate the old environment for future generations that nurtures them by promoting and mainstreaming indigenous landraces of Uttarakhand with the help of local farmers. Lastly, it's a long journey for all of us, full of new challenges but new hopes as well. We must prepare ourselves for the future and protect what we have at present.

I would like to thank all right holders, duty bearers, board members, partners, entire MVDA team including volunteers, and interns and all the community members who have stood by us. Their trust and dedication has given us strength to perform better. Indeed, it has been a long journey that we wish to continue.

Thank you!

Avtar Singh Negi

Founder Secretary

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## **VISION & MISSION**



## VISION

Our vision is to be a catalyst of change in supporting the local communities towards eradication of poverty through sustainable livelihood initiatives, creation of a society firmly rooted on the principles of social harmony, justice and solidarity.



## MISSION

To improve quality of life of rural peopleespecially women and the underprivileged section of the society in the villages of Uttarakhand. The fulfillment of our goals through interventions in education, environment and livelihood.



## OUR BOARD MEMBERS

## MR. RAJENDRA SINGH KAINTURA PRESIDENT EX ARMY MAN

MRS. BEERA DEVI VICE PRESIDENT FARMER

MR. AVTAR SINGH NEGI SECRETARY SOCIAL WORKER

MR. ABBAL SINGH
TREASURER
FARMER

MR. MAHENDRA KUNWAR

MEMBER

SOCIAL WORKER

MR. RAKESH MOHAN

MEMBER

SOCIAL WORKER

MR. ANANDI LAL SHAH

MEMBER

SOCIAL WORKER



## AREA OF INTERVENTION



### **EDUCATION**

Currently, in the field of education, MVDA works with girls in primary education by building their foundational capabilities through community-run learning centers. With the use of new and innovative academic initiatives, MVDA builds the competencies of young girls so that they can thrive in mainstream education. Moreover, to build an independent reader MVDA also invested in a program that made libraries functional in government schools and strengthened the SMCs to improve the involvement of the parents and community members in the management of the schools.



## AGRICULTURE

MVDA believes that agriculture is the oldest and foremost practice for survival, with time it has become the primary source of income at the grassroots. MVDA believes that agriculture should be less damaging and ecologically more sustainable by pursuing a more holistic and integrated approach to food production and consumption. Since the beginning organization has been working with different agencies to enhance the capacities of farmers in order to practice agriculture in a more organic way. Right-holders are adopting new techniques and best package of practices, towards pursuing agriculture to build the resilience of local food systems to avert large-scale future shortages and to ensure food security and nutrition for all. We foresee our interventions in the coming years to be more sustainable and climate-resilient communities.



## LIVELIHOOD

In this era of globalization and liberalization, economic stability has become an urgent need of hour. MVDA believes that it is more vital at grassroots where people are struggling to earn their daily bread. Livelihood initiatives by MVDA were always in order to support economic stability at household level. These initiatives were always taken by keeping women at core. The amount of labor mountain women put in her daily life is known worldwide. MVDA has been putting efforts in the direction of making the labor profitable and to reduce women's drudgery. Till date, we have registered 3 women federations for dairy development, agricultural surplus and organic food produces. We envision our work to become self-sustainable in the coming years.



## FARMING INNOVATION FOR WOMEN EMPOWERMENT (FIWE)

## **PROJECT BRIEF**

The FIWE project is a collaborative effort of MVDA and IM, initiated in October 2017. The aim of the program is the socio-economic empowerment of 450 women till 2021 through climate-resilient livelihoods and improved access to government entitlements and services. The program is reaching out to 3 developmental blocks of Tehri Garhwal, Uttarakhand i.e. Bhilangna, Jakhnidhar, and Kirti Nagar. The major focus of the project is on climate-resilient spice cultivation through organic and scientific techniques, gender mainstreaming, and advocacy for the right holders. The program also providing market opportunities for the agro- produces in the area through established women cooperatives. Women are the core beneficiary of the program and their holistic development is our prime objective.

In the year 2022-23, the project is extended to benefit another 200 new farmers, under the title, 'Improving Living Standard of Mountain Community through Integrated Community Approach' to provide them marketing facilities & fair price for their produce.

### **FIWE HIGHLIGHTS FY 2021-22**

Seed support to 165 women farmers to generate livelihood through spice cultivation and vegetable plantation.

Capacity building of women through various training and workshops to develop leadership skills.

37 women participated in the Krishi Mela at Mangron, Tehri Garhwal, which included display of Pahadi dishes like pathur, kheer, dal ke pakode, aarsa, rotna, chatni, pahadi namak etc.

Under the Village Level Climate Risk Management Committee, 141 villagers from 5 villages contributed in voluntary work of cleaning the traditional natural source of water, dug garbage pits, repairing and rejuvenating unfunctional water tanks, cutting bushes and cleaning roads etc.

Promotion of organic farming techniques through 165 women farmers, using Amritpani, Vermicompost, Farm Yard Manure & Bio-compost as organic manure and fertilizer.

259 women are actively using the cooperative services and making a financial contribution in the families.

19 individuals have received farm machinery like atta chakki, power weeder/ tractor etc. through ATMA through entitlement.



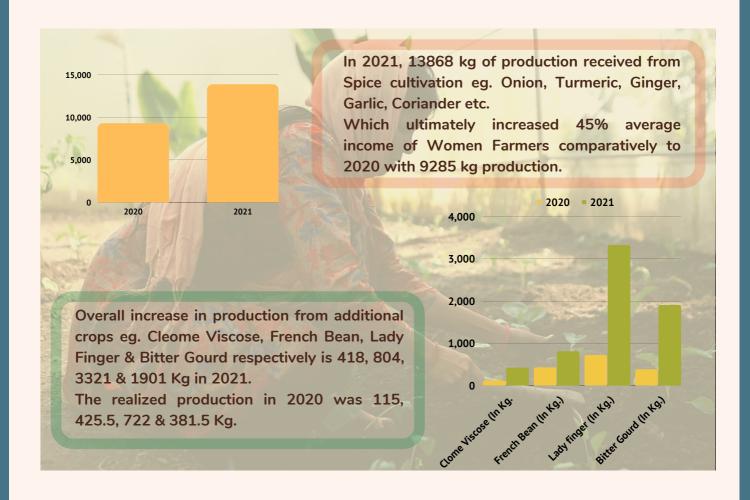
## FARMING INNOVATION FOR WOMEN EMPOWERMENT (FIWE)

Installation of tin-based dustbins in 24 villages & workshop on Awareness on climate change & mitigation under already established 14 Village level Climate Risk Management Committee with 221 members aiming to take village level initiative to protect the environment.

Training of women under Umang Swayat Sahakarita, a women led cooperative on food processing on different products like garlic pickle, Malta juice, Buransh juice, Buransh Tea, Turmeric Pickle and Buransh Jam etc.

In village Mathiyali two women through entitlement have set- up their own business of flour-grinding farm machinery through ATMA, hence, the women are coming out with a business model and setting- up their own business.

Dissemination of knowledge, through booklet distribution on preparation of Amritpani organic fertilizers & different government schemes.





# FARMING INNOVATION FOR WOMEN EMPOWERMENT (FIWE)

## **GLIMPSES OF 2021-22**















## **AGRO BIODIVERSITY**

### **PROJECT BRIEF**

A Gef-funded program supported by Bioversity International aims at conducting trials of local varieties with community-based participatory approaches which will support the maintenance of existing crop diversity. As well as focusing on awareness campaigns, seed fairs, diversity, strengthening seed supply systems and other adaptive technologies that enable farmers to adopt and benefit from diversity-rich solutions by linking to the market.

### **AGRO-BIODIVESITY HIGHLIGHTS FY 2021-22**

- Mother trial 2020- crop (no. of varieties) Rainfed rice(30), Finger millet(23), Barnyard millet(15), and Barley(20) and baby trial of Barley with 07 champion farmers.
- Through Community Seed Bank in rabi season, seeds were distributed to help farmers to generate as per table given below:

	S. No	Crop	Quantity (Kgs)	Farmers' no. Covered
	1	WHEAT (Under ATMA Scheme)	80 rsity Inter	national 40
60%	2	WHEAT	80	40
	3	GARLIC	200	78
	4	MUSTARD SEED	11	73
	5	ONION SEED	1.5	18
	6	PEAS	80	59
	7	SPINACH	1	20



## **AGRO BIODIVERSITY**

• Vegetable seeds were distributed to help farmers to generate more income to Covid-19 affected farmers. The data of Seeds & benefited farmers are given below:

S.No	Crop Seed Name	Quantity	No. of Farmers
1	French Beans	5 kgs	99
2	Lady Finger	3 kgs	99
3	Bitter Gourd	2 kgs	99
4	Ginger	200 kgs	104
5	Harsil Kidney Beans	27.5 kgs	49
6	Local Rice (Rainfed)	3.5 kgs	7
7	Barnyard Millet (Nainbagh Village)	2 kgs	4
8	PUSA Basmati (Chamiyala Village)	10 kgs	10

- In May 2020, 3 new SHG & 2 Village Level Risk Management Committees has formed in Dakhan Gaon and Pakh Village.
- The one-day field school program was organized at Falenda and facilitated by Ms. Shikha, Soil Expert (KVK Ranichauri). Soil health cards were also distributed.
- Field Exposure to NBPGR-Bhowali with 14 women farmers



## **AGRO BIODIVERSITY**

## **GLIMPSES OF 2021-22**















## CENTRAL SECTOR SCHEMES FOR FORMATION AND PROMOTION OF FARMER PRODUCER ORGANIZATION

### **PROJECT BRIEF**

Mount Valley Development Association has recently partnered with the National Bank for Agriculture and Rural Development (NABARD) under Central Sector Scheme for Formation and Promotion of 10,000 Farmer Producer Organizations to work in the field of Formation and Promotion of Farmers Producer Organization. Under this programme three Farmers Producer Organization have been formed in Uttarkashi and Tehri Garhwal working on Apple, Rajma and Potatos respectively. The key activities under this programme are mentioned bellow:

- Formation and strengthening of FPOs
- Capacity building and institutional credit linkage
- Preparation of Product-specific Business plan for FPOs.











## EDUCATION AND SPORTS INITIATIVE



## **PROJECT BRIEF**

This project was started on 01 February 2020 in the district Tehri Garhwal, block Bhilangana with the support of Tata Trusts and Himmotthan Society in 15 Government primary schools. The project focused on training primary school teachers about the library activities at the school level and strengthening Schools Management Committees. The project's main goal is to make the Independent reader and develop the reading and writing skills of children.

### **ESI HIGHLIGHTS FY 2021-22**

- MVDA has covered 673 children with school library activities.
- Field Facilitator visited 622 times in 15 Schools for Onsite support.
- MVDA has 179 Meetings organized for School Management Committee.
- MVDA team has trained 40 Teachers for Professional Development.
- MVDA connected the children with library activities by running 15 mobile libraries.
- The project provided 400 hundred books with the help of the Government in these 15 libraries.



## **EDUCATION AND** SPORTS INITIATIVE



## **ESI EVENTS PHOTOS FY 2021-22**















# GIRL CHILD EDUCATION PROGRAMME (GCEP)

## **PROJECT BRIEF**

The Girl Child Education is one of the Programs being implemented by MVDA with the support of IIMPACT in three districts i.e., Haridwar, Tehri Garhwal, and Uttarkashi. The vision is to impart education through community-based learning centers for the children of the age group 6-14 years. Children are introduced to foundational concepts by use of various Academic Initiatives, and Teaching Learning Materials. Moreover, a library is set up in every centre to cultivate the habit of reading. Unlike traditional schools, girls are taught according to levels and not class which are based on defined learning outcomes.

### **GCEP HIGHLIGHTS FY 2021-22**

All the children's sessions were conducted in ALA (Alternative Learning Arrangement) under covid-19 SOP. Under this children studied in small groups of 5 following rules of covid-19.

Quarterly teacher's trainings were held in person. Study circle meetings were conducted in almost 25 batches where supervisors discussed different subjects with the teachers.

Centre Management Committee (CMC) meetings were organized in presence of the village chief with village ward members, Asha, Anganwadi worker, etc. The 100 days reading campaign was undertaken to improve the reading levels of students which were affected by the almost two years of lockdown and to ignite creativity and imagination in the students.

These numbers increased to 15 once the virality of the virus came down. By the end of the year, Learning centres were running in full capacity. Approximately 4300 beneficiaries benefited from this.

They were also conducted online classes. Junior Scientist and Child Engagement Plan were used as tools to engage students when centres were completely closed because of COVID-19.



# GIRL CHILD EDUCATION PROGRAMME (GCEP)

#### **Child Engagement Plan**

During second wave of COVID-19 lockdown, the children doesn't went to school and centers as well. Hence IIMPACT scheduled two plans for the children like, CEP (Child engagement plan), Junior Scientist. CEP plan for those children who are in class 1 and 2 (Level 1 to Level 8). Firstly, selected volunteers for each child to engaged in their home and selected topics by teachers for the children with the help of volunteers. Volunteers read the child to given topic till one week. Then changed next topic after one week with help of the teacher & volunteer. The volunteer engaged the child with different types of topics and conduct this process continue with the children till three to four months. All the children engaged in their home with the help of volunteers. Below the details of the children who engaged in CEP.

Total number of teachers trained for CEP	Total Number of Children engaged In CEP	Total number volunteers finalised till date for CEP	
52	814	814	

#### **Junior Scientist**

Junior scientist for only those children who read in class 3,4 & 5(Level 9 to level 20). Firstly, teachers make a small group of the children who lives nearer to each other. Teachers selected one themes with the help of group's children and make ten questions from each group. Teachers make a parent of the children and children group shared their questions in group and teachers checked all questions and then after children work on given themes in group and work till one week and then after changed next themes with the help of teachers. Similarly, the children work continue of different types of themes in group till three/ four months. All the children engaged in different types themes with the help of teachers. Some themes detail as given below;

Total number of teachers trained for "Chhote Vaigyanik"	Total number of groups formed	Total number of themes selected	Total number of children engaged in the Project	Few selected themes
52	71	22	357	Pollution, Season, Crop, Gaon, Transportation, Fruits name, Family, Environment, Milk, Types of Food, Covid-19, Weather, Animals, Soil, Forest, Water, Vegetables, Birds, Old customs, Agriculture, Utensils, Tree & plants



# GIRL CHILD EDUCATION PROGRAMME (GCEP)

## **GLIMPSES OF 2020-21**















## **COVID-19 RESPONSE**

### **PROJECT BRIEF**

The second wave of COVID-19 in India has unleashed an unprecedented public health crisis caused due to the large-scale spread of COVID infection in all parts of the country. Therefore, we must spread the message of adherence to COVID appropriate behavior in the communities along with supporting the ramping up of the public health infrastructure to prevent the crisis. In this context, MVDA has taken initiative which seeks to directly support people of COVID-affected families.

#### **Objective:**

- To sensitize the local communities about dos and don'ts and safety measures to take.
- To provide food security and nutrition distribution of dry rations.
- To prepare and safeguard local communities and frontline workers by distributing Personal Protective Equipment (PPE).
- To support livelihood women were involved in mask making and seed distribution to women farmers.
- To maintain the interest of kids in studies, involvement of kids into education through various fun activities and organizing Alternative Learning Centres (ALA).

## PROJECT JEEVAN- SUPPORTED BY AMERICAN INDIA FOUNDATION

Mount Valley Development Association has partnered with the American India Foundation Trust to work in the field of Covid-19 response by providing free oxygen emergency support to the COVID patients under home based treatment through volunteer-based, Circulation/re-circulation of Oxygen Concentrators (OC), free of cost to the community in Pauri, Tehri and Haridwar districts of Uttarakhand.

MVDA volunteers coordinated with hospitals, local administrations, and target beneficiaries for free Oxygen support through OCs, and coordinated with hospitals for establishing the need and effective usages of OCs. With the help of the community based volunteers MVDA helped more than 100 COVID-19 and other patients by providing free OCs services and continuing help the patient need of OCs.



## **COVID-19 RESPONSE**

## COVID-19 VACCINATION PROGRAMME SUPPORTED BY AZIM PREMJI FOUNDATION

Mount Valley Development Association has partnered with the Azim Premji Foundation to work in the field of Covid-19 Vaccination drive in Bhilangna block of Tehri Garhwal. It is one of the remotest blocks in the district with maximum rural population. There are 186 Gram panchayats, 260 revenue villages with a total of approx. 111,600 population in the block. Under this programme the organization fulfilled three major gaps:

- Identify the non-vaccinated individuals
- Focus on second dose
- Timely communication

MVDA with the help of 100 community based Volunteers and Community Health Workers did door do door actual mobilization of the individuals and analyzed the data and shared to concern PHCs for follow up and to achieve hundred percent vaccination to non-vaccinated populations.

### **DURING COVID-19 MVDA JOINED HANDS WITH**







AMERICAN INDIA FOUNDATION











Charities Aid Foundation



## **COVID-19 RESPONSE**

## **COVID-19 RESPONSE ACTIVITIES PHOTO**

















End Poverty in All its Forms Everywhere



End hunger, achieve food security and improved nutrition and promote sustainable agriculture



Ensure inclusive and equitable quality education and promote lifelong learning opportunities for all



Achieve gender equality and empower all women and girls



Take urgent action to combat climate change and its impacts



Strengthen the means of implementation and revitalize the global partnership for sustainable development



## FINANCIAL STATEMENTS



## **OUR TEAM**



#### MS. ANJALI CHAUHAN

She is working as Project Coordinator for the Girl Child Education Program.

She has 1.5 year of work experience & completed her M.A. in Women's

Studies from TISS, Mumbai.

#### MRS. Ankita BISHT

She is working as an Assistant Project Coordinator under FIWE project. She has experience of 3 years & Completed B.Tech in Mechanical engineering from Women Institute of Technology, Dehradun.





#### MR. AVTAR SINGH NEGI

He is the Founder Secretary of the organization and is continuing with his 25 years of experience in the social sector.

#### MR. AYUSH PATEL

He is working as a Manager – Monitoring and Evaluation. He has experience of 3 years & completed his Post Graduate in Social work from Delhi School of Social Work, University of Delhi.





#### MR. DURGA PRASAD KANSWAL

He is working as a Education Program Head. He has more than 20 years of experience & completed triple Masters, one in MSW, second in M.A Sociology and third in M.A Public administration from Uttarakhand Open University, Garwhal University and IGNOU University respectively.

#### **MR. GIRISH YADAV**

He is working as Project Coordinator. He has more than 4 years of experience & completed his B.A. in History from Mumbai University



# UPR

#### MS. HIMANSHA BISHT

She is working as a Project Coordinator for the Biodiversity International project. She has experience of 3 years & completed Masters in Economics from Kumoun University, Nainital.



## **OUR TEAM**



#### MR. MAHAVEER SINGH MEHRA

He is working as Finance and Administration Manager. He has 15 year of work experience & completed his Master in Commerce from Hemvanti Nandan Bahuguna Garhwal University, Uttarakhand.

#### MR. NAVPRABHAT SINGH

He is working as Manager - Strategy & Planning.

He has 5 year of work experience & completed his Masters in Social Work from Delhi School of Social Work (University of Delhi).





#### MR. PRABAL NEGI

He is working as Project Coordinator. He has 16 years of experience & completed his Master of Social Work From Kumaon Open University, Dehradun.

#### MS. PRATIBHA RAWAT

She is working as Programme Manager for the 'Farming Innovation for Women Empowerment' project and completed M.Sc. in Rural Technology from HNBGU in Srinagar Garhwal, Uttarakhand.





#### MR. PURSHOTAM THAPLIYAL

He is working as Programme Head Livelihood in Uttarakhand. He has experience of more than two decade and completed double M.A. degree in Social Work and Sociology from H.N.B. Garhwal University, Srinagar.



She is working as Program Manager for Farming Innovation for Women Empowerment project. She has experience of 3 years & Completed her Masters in Sociology from Banasthali Vidyapith in 2017.





#### MR. SANJAY BISHT

He is working as working as a project coordinator. He has over all 20 years experience & completed M.Sc. from H.N.B. Garhwal University, Uttarakhand.

# WE THANK YOU

All the visitors to our organization are our guest. We are privileged that every year many visitors including donor agencies, other NGOs, trainers, Interns, Research Scholars, technical service providers, citizens and local officials come to visit our organization and the project area. The feedback and suggestions of the visitors always inspire us to bring further improvement in our implementation strategy'

Avtar Singh Negi (Founder & Secretary)

## PLEASE EXTEND YOUR SUPPORT AND CONTRIBUTE

To our mission in the following ways

Ideas, innovations, skills, knowledge, feedback, volunteering and Donations etc. to support and contribute towards Girls child education and livelihood generation for women folks of remote mountains community of Uttarakhand. People with commitment and dedication are welcome to work in challenging conditions of mountain terrains, Uttarakhand.

